Transform your passion for sport and fitness into a career!

Study with Diamond High Performance powered by Sero Institute.

Our work-ready training equips our students with the essential skills and experience to succeed with career pathways such as:

- Gym instructor
- Personal Trainer
- Sports Program Developer
- Talent Identifier
- Sports Event Manager
- Work within health, sporting or community clubs

Follow in the footsteps of our successful graduates — join Diamond High Performance today!

Start your sport and fitness journey today

With our trusted partnership

Our mission at Diamond High Performance is to confidently equip individuals for their next career opportunity. In the context of Vocational Education and Training (VET) in schools, we provide industry best practices, positive outcomes and exceptional value. We focus on skills for life, leadership, and a high-performance mindset.

The Sero Institute is proudly part of the NextEd Group, one of the largest Registered Training Organisation globally. It has a long-standing reputation for providing high-quality, compliant training that safeguards students and helps them achieve excellent outcomes through superior vocational training.

sero institute

Pick your study path

SIS30321 Certificate III in Fitness

Sero Institute and Diamond High Performance have created a fitness coach course to help you become a qualified group exercise and gym instructor. This course will teach you the basic skills needed to begin your career in this field. Student will attend the Diamond High Performance Training Centre in Osborne Park for hands-on training. During the course, you will learn the latest fitness trends and how to include health and nutrition information in your programs. You will also learn how to conduct fitness tests and understand how to work in sports, fitness, and recreation areas.

Duration: 12 months

SIS40221 Certificate IV in Fitness

Our Personal Trainer course has fun and interactive lessons created by top experts in fitness. It teaches you the basics of fitness plus more, like nutrition, the human body, how to create exercise plans, and training methods for different groups, such as kids, older adults and athletes. You will also learn how to start your own small business and important skills for selling and marketing to clients. Importantly, the course will show you how to use technology in sports and fitness and how to motivate people to exercise regularly.

Duration: 12 months

DIAMOND
The strength to succeed
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Hear what our people say about us

"Diamond High Performance powered by Sero Institute have been exceptional in providing fitness qualifications to our secondary students in Year 11 & 12 over several years. Their commitment to delivering industry knowledge is unparalleled, ensuring that students are well-prepared for their future careers. The staff at Diamond are not only highly experienced but also incredibly dedicated to the progress and success of each student. Their exceptional care and personalised approach have made a significant impact on our students' learning journey. I highly recommend Diamond and Sero for their outstanding service and dedication to student success".

Peter Gellin
Director of Aquinas College

"In year 11 & 12 I decided to complete my Diploma of Sport followed by the Cert III in Fitness. The courses were really practical and easy to understand. As an elite baseball player, the access to the Diamond Athlete Development program was a game-changer. It opened my eyes to what it means to be an elite athlete as we covered both the physical and mental aspects of sport. This is something that makes this course different from any other course I have heard of and created huge value for me and my family I have since completed my Cert IV in Fitness with them and was employed as a Strength and Conditioning Coach before signing a professional baseball contract with the Oakland Athletics and moving to America."

Bjay Cooke (Alumni)

Start your career in the billion dollar fitness industry today – enrol now!

Learn more at **diamondhp.com.au** or at **seroinstitute.com.au**

Our partners

ECU EDITH COWAN UNIVERSITY

Lumin Sports

BASEBALL WA

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